

# Olympia Endodontic Group

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## **What to Expect After Root Canal Treatment**

1. Do not eat or chew for a minimum of 1 hour. Please check the temperature of foods and beverages prior to consuming them and use care when eating if you are still numb.
2. You may experience some soreness after treatment. This should diminish gradually in a few days. Over-the-counter pain relievers, such as ibuprofen, acetaminophen or aspirin, may help reduce this discomfort.
3. If you require stronger pain medication, you may fill the prescription that you may have been given. Taking this medication may cause drowsiness and nausea. Do not drive or perform any tasks where you may potentially hurt yourself or others.
4. Chewing with this tooth after treatment may increase soreness. Please avoid direct chewing on this tooth until your general dentist completes the final restoration.
5. Now that your root canal is finished, we release you back to the care of your dentist.

\_\_\_\_\_ A temporary filling has been placed and it is necessary for you to contact your dentist and schedule an appointment for a permanent filling or crown.

\_\_\_\_\_ A permanent filling has been placed and you do not need to contact your dentist for the final restoration.

**If you have any questions, please call our office at (360) 491-6945.**